

McLeod Eye Associates, P.C.

PRE TREATMENT Lumenis IPL Instructions

Date: _____

Patient: _____

Treatment: _____

As with all treatments and procedures performed in our office, please contact us immediately if you are experiencing any pain or unusual discomfort. Thank you for trusting us with your care!

OPTILIGHT by Lumenis is the first and only FDA approved light based treatment for dry eye disease. It utilizes patented Optimal Pulse Technology and clinically validated treatment protocols to provide the most safe and effective treatment to help break the cycle of dry eye and inflammation.

PRE treatment guidelines: Please initial after each statement.

1. You have not used any retinol products within 5 days of your treatment.
2. You have not used any scrubs or abrasive treatments of any kind within 1 week of treatment.
3. Your medication dosage or type has not changed since your last visit and you have not added any supplements, ANTIOTIOTICS or herbal remedies not previously listed.
4. The risks and benefits have been explained to you (redness, blotchy skin, mild discomfort, temporary tightness/tingling, pigmented spots that may surface).
5. You have not been instructed by your MD to avoid IPL treatments either for dry eye or skin.
6. You have no medical conditions that would interfere with this treatment (epilepsy, seizure disorders)
7. You have no open wounds or skin lesions on or near the area to be treated (cold sores or dermatological conditions for which you are being treated or followed by an MD such as skin cancers).

Please acknowledge that you have read and understand the post treatment instructions by signature and date.

Thank you!

SIGNATURE: _____

DATE: _____

Doctor: _____