

McLeod Eye Associates, P.C.

Post Lumenis IPL Instructions

Date: _____

Patient: _____

Treatment: _____

As with all treatments and procedures performed in our office, please contact us immediately if you are experiencing any pain or unusual discomfort. Thank you for trusting us with your care!

OPTILIGHT by Lumenis is the first and only FDA approved light based treatment for dry eye disease. It utilizes patented Optimal Pulse Technology and clinically validated treatment protocols to provide the most safe and effective treatment to help break the cycle of dry eye and inflammation.

Post treatment instructions:

1. Keep treatment area clean by using only a very gentle cleanser and rinsing with water. No abrasives, scrubs or treatment with retinol or any acids or products for two weeks.
2. Moisturizer on the face should be one with an SPF of at least 25. Avoid ALL sun exposure for 24 hours after treatment.
3. Avoid rubbing or touching the treated area. Mild redness, tingling and mild swelling is normal after the treatment and subsides after a few hours.
4. Avoid alcohol and spicy foods and ASPIRIN for 24 hours after treatment
5. Your entire treatment for DRY EYE: 4 treatments spaced between 2-4 weeks apart depending on severity and results of consultation and initial treatment. This schedule can be adjusted as needed. ANY questions or concerns please bring to our attention immediately.

Please acknowledge that you have read and understand the post treatment instructions by signature and date.

SIGNATURE: _____

DATE: _____